



Amsler Grid

How to test your eyes:

- Test under normal lighting used for reading
- Wear the eyeglasses that you would normally wear for reading
- Hold the grid about 12 inches from your eyes
- Test each eye separately: Cup your hand over one eye while testing the other eye
- Keep your eye focused on the dot in the center of the grid and answer these questions:
 1. Do any of the lines in the grid appear wavy, blurred, or distorted?
 2. Do all the boxes in the grid look square and the same size?
 3. Are there any "holes" (missing areas) or dark areas in the grid?
 4. Can you see all corners and sides of the grid (while keeping your eye on the central dot)?
- Switch to the other eye and repeat

Report any irregularities to us immediately. Mark areas of the chart you are not seeing properly and bring it with you to your visit.

